

Physiotherapy Self-Referral

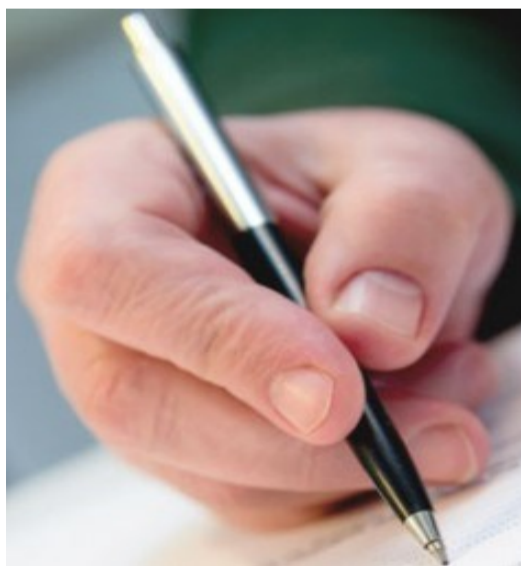


Musculoskeletal physiotherapy treatment can be helpful if you are suffering from Shoulder pain, Back pain, Hip pain, Knee pain, Neck pain, Elbow pain, Hand pain, Foot pain, Sprains or any Joint and Muscular pain.

You can now refer yourself for Physiotherapy for muscle and joint problems without needing to see your GP first.

3 EASY STEPS

Forms are available at your GP practice



Please post, email or deliver in person to:

MSK Physiotherapy Department
Ashfield Health & Wellbeing Centre
Portland Street
Kirkby in Ashfield, NG17 7AE

Email:
not-tr.mska-mphysiotherapy@nhs.net

Or
Hand it to the receptionist at your GP practice

1) Get the form

2) Fill in the form

3) Submit the form

What happens next?

You will be contacted by the MSK Together service either by telephone or letter.